



**Fairfield Athletics/Middletown Athletics
Captains Council/Student-Athlete Leadership
Programs
OIAAA Presentation – 2016**

MY THREE REASONS FOR CREATION OF CAPTAINS COUNCIL

- 1) Connection – We are still in the kid business – easy to get detached from that in our office. We are here to serve student-athletes.**
 - 2) Feedback – Our student-athletes and their experiences are the best barometer of how we are doing as a department.**
 - 3) Survival – I missed having a team to coach. This has become my team.**
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REQUIREMENTS FOR NOMINATION

- 1) GPA requirement (3.0 GPA or higher)**
 - 2) Must display leadership qualities and/or leadership potential**
 - 3) High Character/Self Motivated**
 - 4) Desire to be a role model and to serve others**
 - 5) Volunteer hour requirement**
 - 6) Nominated by Head Coach, Athletic Director, Principal, Assistant Principal or Counselor**
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Composition and Structure

- 1)** Each varsity sport is represented by two students (one senior/one junior). Sports with smaller number of participants may just have one representative. Larger sports could have more than one representative.
 - 2)** Total number on council will be in the 40-50 range.
 - 3)** Council meets once a month (typically Mondays) to focus on leadership training, discussion of athletic issues, act as a sounding board and liaison between student-athletes and athletic department.
 - 4)** Underclassmen serve two terms. Each spring we fill open spots
 - 5)** Student/Parent Kickoff Event- Engage and educate partners on what's going on in the program.
 - 6)** Open Enrollment Process at end of the School Year/Interviewing prospective students.
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Purpose

- 1) Liaison between athletic department and student-athletes**
 - 2) Sounding board on policies, procedures, and program goals.**
 - 3) Communication and support between the sports.**
 - 4) Raise visibility of athletic department and programs.**
 - 5) Provide leadership training to student-athletes.**
 - 6) Provide community service opportunities.**
 - 7) Promote athletics at feeder schools.**
 - 8) Drug and alcohol awareness to elementary and junior high students.**
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Outcomes

- 1) Changes in our awards programs**
 - 2) Increased awareness of budgets and spending. Eliminating or at least educating on the “this sport gets everything” myth and other budget myths.**
 - 3) Increased support at so-called smaller events (i.e. Adopt A Team)**
 - 4) Retention of our middle school athletes**
 - 5) Students perspective on “wish lists”**
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What has worked well/Helpful Hints

- 1) If you feed them, they will come...
 - 2) Coaches Panel – Q and A
 - 3) Find a curriculum or do a book study – This year we are doing Energy Bus by Jon Gordon. We've also done The Winners Manual by Jim Tressel. Plenty of good information out there.
 - 4) Tweak what you don't like...each group/year is different
 - 5) Start the year with a survey...basic premise is "What can we do better?"
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Questions?

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